



# Leader's Toolkit

## Work-Life Harmony Exercise

### Create Action Steps for Each Priority

Look at the priority list you created on page 1. Consider the actions you can take to focus on these priorities in all applicable areas of your life. Use the example below as a guide.

Priority: <i>Learning</i>	
1.	<i>Download and listen to the podcast "The Kitchen Counter" on my commute to work.</i>
2.	<i>Sign up for a cooking class at the local culinary institute.</i>
3.	<i>Find a mentor at work who is knowledgeable in veterinary acupuncture.</i>
4.	<i>Learn more about veterinary acupuncture by visiting the AAVA website.</i>
5.	<i>Research veterinary acupuncture courses.</i>

Priority:	
1.	
2.	
3.	
4.	
5.	

# Leader's Toolkit

## Work-Life Harmony Exercise

Priority:

1.	
2.	
3.	
4.	
5.	

Priority:

1.	
2.	
3.	
4.	
5.	